



## Tips for Grandparents who are Raising Grandchildren in Illinois

These simple suggestions have been developed by the Task Force on Grandparents Raising Grandchildren in Illinois to assist older adult caregivers in their efforts to provide quality care for their family's children. The Task Force can be reached through the Illinois Department on Aging's toll-free Senior HelpLine, **1-800-252-8966** (Voice and TTY).

### The Parent Help Line

"Raising Kids Raises Questions." When Parents and/or grandparents have questions, the volunteers from the Parent Help Line are there with information, support and referral twenty-four hours a day.

The Parent Help Line is a free confidential phone support service in Illinois that helps parents and caregivers of children identify problems and work together for possible solutions.

Open 365 days a year, the Help Line's volunteers talk with more than one hundred parents a month, sharing crucial parenting and referral information.

For more information about their services, including a free monthly newsletter and a weekly television program, call:

**Parent Help Line**

**1-888-727-5889**

(Rev. 03/02)